

CONFIDENTIALITY STATEMENT

Confidentiality and privacy are maintained
in ALL services in the Counseling Center

ACCESSING COUNSELING SERVICES

Sadie D. Jarvis, LPCS,NCC,MHFA

Director of Counseling/ADA

Claflin University

Corson Hall, Suite 106, Room 111

400 Magnolia Street

Orangeburg, SC 29115

TELEPHONE: 803 535 5285

EMAIL: sjarvis@claflin.edu

Shamika S. Carson, LPC, MAC

Mental Health Therapist

Claflin University

Corson Hall, Suite 106, Room 112

400 Magnolia Street

Orangeburg, SC 29115

TELEPHONE: 803 535 5053

EMAIL: scarson@claflin.edu

A Division of

Student Development and Services

Dr. Leroy Durant, Vice President



MISSION STATEMENT

The Counseling mission maximizes the
Claflin experience by assisting students in
defining and accomplishing personal,
academic and career goals that stimulated
and enhanced their physical and mental
well-being.

Claflin University

COUNSELING SERVICES



**“Taking Steps
toward
Positive Change”**



Dr. Henry N. Tisdale
President

COUNSELING SERVICES

Welcome to Claflin University Counseling Services, dedicated to assisting and developing individuals.

Counseling Services reflects a strong commitment to diversity and the individual needs of students.

To enhance the quality of service, self-reflection, evaluation and constant individual feedback are encouraged.

All members of the Claflin Family are urged to utilize and view Counseling Services as part of their support system.

INDIVIDUAL COUNSELING

This program utilizes a short term model to help students cope with the challenges of college life such as adjustment difficulties, academic-related stress and relationship problems.

Specific activities include:

- Coping skills
- Crisis management/intervention
- Life transitions
- Sexual assault
- Substance abuse
- Community agency referrals
- Assertiveness training

GROUP COUNSELING

This program offers sessions for:

- Health and wellness
- Addressing male/female issues
- Meditation and stress management
- Enhancing mind, body, spirit and creative self

OUTREACH AND CONSULTATION

Counseling Services offers educational programming for student organizations, residential halls, fraternities and sororities, and academic departments on a number of topics such as:

- Adjusting to college
- Conflict resolution
- Crisis intervention
- Diversity
- LGBTQ Community
- Eating disorders
- Self-esteem issues
- Grief and loss
- Time management...

Individual consultation is provided for faculty, staff, residential life managers and assistants regarding mental health situations with students.

DISABILITY SERVICES

Disability Services exists to enable individuals with disabilities to participate in a full range of college activities.

The goal is to provide a fully integrated experience for every individual and to promote an environment that is barrier-free.

To be eligible for service, an individual must:

- Apply and be accepted for admission through the regular process
- Provide current and comprehensive documentation of temporary or permanent disability which requires accommodation
- Register with Disability Services at the beginning of each semester.